



PAÇO DE ARCOS CLUB  
**GENERAL INTERNAL REGULATIONS 2025/2026**

***BE A BASKETBALL ATHLETE AT PAÇO DE ARCOS CLUBE***

**CHAPTER I**

**Name, Purposes, Headquarters**

**Article 1**

**Denomination and Purposes**

1. Paço **de Arcos Clube**, a non-profit association founded on July 31, 2019, hereinafter referred to as **PDAC**, has its origin in the Paço de Arcos Basquetebol Practitioners Club, created in September 2011.

2. The PDAC has as its object the formal and informal practice of sports, the creation, support and cultural development and the promotion of recreational practice to the population in general and, more specifically, to all members.

It now has this General Internal Regulation to which it confers, within the scope of the association, the force of the Statutes.

**Article 2**

**Local Address**

1. The association has its headquarters at Praceta Dionísio Matias – Edifício do Mercado, 2770-051, Paço de Arcos, União de Freguesias de Oeiras e São Julião da Barra, Paço de Arcos e Caxias, Municipality of Oeiras, and may use or have facilities in any other space or locality.

2. Not having its own headquarters for sports, PDAC rents several sports halls to ensure training, games, tournaments and activities.

**CHAPTER II**

**Article 3**

**Partners**

The PDAC is composed of an unlimited number of members.

**Article 4**

**Effective members**

1. Effective members are those who comply with the statutory obligations.
2. The parents of all minor athletes must be effective members of the PDAC.

## Article 5 Rights

1. Actively participate in all PDAC activities.
2. Attend the sports facilities under the conditions established in the regulations.
3. To take part in the General Meetings, to vote, to elect and to be elected.
4. Effective members may only elect and be elected to any position of the Governing Bodies, after 180 days from the date of their admission.
5. To request the convening of Extraordinary General Meetings, under the terms set forth in the Bylaws.
6. To request information from the Governing Bodies, to present suggestions of usefulness for the life of the association and for the purposes it pursues.

## Article 6 Duties

### **The registration of an effective member implies an annual fee of €36**

1. Honor the quality of membership and uncompromisingly defend the prestige and dignity of PDAC, within the best standards of civic education.
2. Comply with the Statutes and the Regulations, as well as the decisions of the directors, even when, because they disagree with them, they reserve the right to complain or appeal to the competent Governing Bodies.
3. Pay the mandatory dues or contributions, within the established deadlines, at the time of registration or monthly by transfer or direct debit.
4. Participate by email to the Office ([secretaria@pacodearcosclube.pt](mailto:secretaria@pacodearcosclube.pt)) whenever any of the member's admission data changes.

## Article 7 Member-athletes

1. All sports practitioners are athlete members of the club.
2. All athletes who wish to join the club must register as member-athletes, complying with the following procedures:

**New Athletes:** Athlete Member Registration, Portuguese Basketball Federation Registration, Sports Medical Examination, Photocopy of Citizen Card (Athlete and Guardian) and Effective Member Registration (if the Athlete is a minor).

**Re-registration of Athletes:** Renewal-Athlete Member, Sports Medical Examination (if the current one is expired).

**Article 8**  
**Socio-athlete code of conduct**

1. Always give your best in training and in competition, regardless of the opponent.
2. Respect everyone by not differentiating sex, race, age, religion or any disability.
3. Respect others (colleagues, coaches, referees and judges, etc.) in all circumstances and moments, in or out of competition, treating them respectfully and courteously.
4. Respect your own body, as well as that of your opponents, preserving them from any offense to their physical and mental integrity.
5. Consider opponents in training and competition as partners and not enemies, treating them with politeness and courtesy.
6. Recognize the value of opponents and congratulate them when they win in any competition. Do not look for excuses or hold a grudge for the fact that you have been defeated, but, on the contrary, know how to use defeat as a factor of improvement.
7. Learning to win: maintaining humility and simplicity in the joy of victory, recognizing in each one of them the effort of the vanquished.
8. Be correct and respectful towards the entities that provide sports services.
9. Respect the rules defined by the coach.
10. Refuse and denounce fraud or match-fixing, defending the sporting truth.
11. Repudiate doping in any form, protecting health and preserving sporting truth.
12. Remember that as better results are obtained, the greater the obligations will be regarding the safeguarding of the principles of sportsmanship, as they will become a public example of ethics for all, especially for the youngest.

*Adapted from "Practitioner's Commitment to Sports Ethics"*

**Article 9**  
**Training and game rules**

1. The athlete must be assiduous and punctual. In case of absence, you must notify your coach as far in advance as possible.
2. During the training and match session, it is not allowed to use any technological device, unless it is for statistics or video and is previously planned with the coach.
3. **Training equipment:** the athlete must wear specific equipment for PdAC training (jersey and shorts). In the event of a stock shortage, you can only train if you are equipped with Paço de Arcos Clube clothing and appropriate sports shoes. **Basketball shoes cannot come from the street, they must come in a backpack to be changed in the locker room before and after training.**
4. The participation of athletes in games and activities is only allowed if they are properly uniformed, according to the following table:

	<b>Gaming</b>	<b>Other Activities</b>
<b><u>Gaming</u></b>	Official club kit	The attire for the other activities must be the same for all elements and will be defined by the respective technical team
<b><u>Training</u></b>	PdAC training equipment	

5. All athletes have the right to participate in the games, however, in official matches or through the specific regulations of a competition for which we organize or participate, only 12 can be called by the coach to participate in the game. Participating does not imply playing.

6. In situations of recurring absences or delays and if the athlete's attitude is not appropriate in training (commitment, dedication, concentration, respect for the coach and colleagues), the possibility of being called up is lower.

7. **Facilities:** all spaces reserved for the PDAC must be preserved and if something is damaged, the athlete must immediately notify the coach, the Team Manager or any member of the club.

## CHAPTER II

### **Sports management**

#### **Section 1**

#### **Article 10**

#### **Sporting Director**

1. The Sporting Director is responsible for managing and supervising the club's sports area.

#### **Article 11**

#### **Coordinators**

1. The Sports Coordinator of each level is responsible for managing and supervising the respective sports area in partnership with the Sports Director and the respective Coaches.

#### **Article 12**

#### **Coaches**

1. The technical team consists of a Head Coach and an Assistant, whenever possible.

2. The Head Coach is responsible for:

- a) To guide the team in the sporting plan;
- b) Report to the Sports Coordinator the technical situations experienced in the group;
- c) Coordinate with the Team Manager the management of the team;

3. The Assistant Coach is responsible for assisting the head coach.

#### **Article 13**

#### **Team Manager**

1. The Team Manager is responsible for the administrative matters of the team. It is responsible for:

- a) Assist the technical team in the framework of the group and solve all kinds of issues that arise in the preparation of the team's activities;
- b) To represent the team in the games, in the absence of any member of the club;
- c) Ensure contact with the athletes' parents, logistical planning and administrative management of the team.

## Section 2

### Role of parents

Parents have a fundamental role in creating a positive environment, being an important help for the evolution process of their students in sport and the club.

#### Article 14

1. When the athlete begins to work at the club:

- a) Introduce themselves and the athlete to the coach, explaining the reason for choosing Basketball and the Club;
- b) Safeguard additional points that are important for the integration of your child in the group;
- c) Be aware that their integration in the club REQUIRES compliance with a set of rules, both by the athletes and by their guardians;
- d) Be aware of the rules associated with the athlete's good integration into the club (described in points 2 and 3 following).

2. In training:

- a) Ensure the timely arrival of your child to training with all the necessary material;
- b) To be aware that the presence of your child in training it is essential to have Individual and collective learning outcomes - everyone depends on everyone!
- c) Safeguard any unexpected absence, contacting the coach as soon as possible.

3. In-game:

- a) Encourage *Fair Play* /Fair Play;
- b) Respect the Referees/Judges, Coaches and Opponents;
- c) Accept the decisions of the referees/judges – who, as humans, can make mistakes;
- d) To deal with problems and incidents in a controlled and respectful manner;
- e) Control their emotions;
- f) Be enthusiastic supporting, without replacing the coach, not giving instructions for the playing venue;
- g) Not to enter into direct conflict with others;
- h) Do not use offensive language in any situation;
- i) To help children and young people to enjoy their sport, emphasizing and giving importance to the effort and pleasure provided by the practice of sports and not just valuing victories;
- j) Never ridicule or yell at a child or young person for having made a mistake.

4. Failure by parents to comply with the rules presented may result in the lifting of a disciplinary process that, ultimately, may lead to their departure from the club.

#### Article 15

### Communication Club-Athletes-Parents

1. Communication between the PDAC-athletes and guardians will be made between the various elements: Coach, Team Manager, Coordinator and, whenever necessary, with the intervention of the Board.

2. Meetings will take place throughout the season, where in addition to the members of the technical staff, an element of the PDAC Board will be present.
3. All administrative and financial issues must be forwarded to the PDAC office, through the email [secretaria@pacodearcosclube.pt](mailto:secretaria@pacodearcosclube.pt)

### **CHAPTER III**

#### **Teams**

#### **Article 16**

##### **TRAINING TEAMS**

1. At the start of the season, the PDAC will have its teams divided by age groups, genders and levels of knowledge of the game.
2. All teams are open to receiving new athletes at any time of the year, and it is only necessary to evaluate the level of each athlete to find the appropriate team for their integration as long as this entry does not jeopardize the quality of training, that is, there may not be vacancies in certain teams because it is considered that the number of athletes penalizes the development of the team.
3. It will be up to the coordinator of each level, in conjunction with the coaches, to decide whether to integrate them into the most appropriate team for their development when it is considered that there are vacancies in the teams.

##### **SENIOR TEAMS**

1. The senior F team is part of the CN2 championship, the athletes included in this team are considered SENIORS F in the table of quotas of socio-athlete.
2. The senior M team is part of the CN1 championship, the athletes included in this team are those considered SENIORS M in the table of quotas of partner-athlete.
3. The under-23 M team is part of the CN2 championship, the athletes included in this team are those considered under-23 M in the table of quotas of socio-athlete.

#### **Article 17**

#### **Athlete Evaluation Criteria**

1. The evaluation of the athletes during the season takes into account the following criteria:
  - a) Attendance and punctuality;
  - b) Behavior in training, games and club activities;
  - c) Level of commitment and capacity for evolution;
  - d) Team spirit and respect for the rules;
  - e) Technical and tactical ability demonstrated in training and games.
2. Promotion in grade, integration in A teams or calls to other competitions is dependent on the positive evaluation in these criteria, to be made by the technical team and level coordinator.

CHAPTER IV

Gaming

Article 18

1. Only athletes registered with the Portuguese Basketball Federation will participate in the competitions. All athletes must be accompanied by the Citizen Card in official matches, otherwise they will not be able to participate in them.

Article 19

1. Throughout the sports season (August 1st – July 31st), all levels have various competition situations (get-togethers, training matches, official matches and tournaments). The following table shows the forecast of the number of matches per age group, which is subject to change, depending on invitations that appear throughout the year.

	Minimum match prediction
<u>UNDER 8, UNDER 10</u>	2 Gatherings per month (Saturday morning)
<u>UNDER 12</u>	2 get-togethers per month and/or 2 games/month of the SUB 13/14 District Championship
<u>UNDER 14, UNDER 16, UNDER 18, UNDER 23, SENIORS</u>	1 Game every weekend from October; Punctually 2 games per weekend

2. Athletes born between 2014 and 2015 may be called up to play matches of the Under-14 championship, in this perspective, when carrying out the medical examination they must request the document of advancement in rank.

CHAPTER V

Article 20

Venues for matches and travel

1. The games can be held at "home" (Pavilion in Paço de Arcos or in a Pavilion of the Municipality of Oeiras/Cascais) or in the opponents' pavilion.

2. Travel to the games is mostly guaranteed by rides between parents, so those who register for the club know that this practice does not require one-off authorizations, but rather, with the signing of the regulation, an express authorization for the transport of their children, provided that all safety conditions are guaranteed.

3. **Commuting Behavior**

During travel, all athletes must:

- a) Maintain appropriate and respectful behavior;
- b) Follow the instructions of the technical team or those responsible for transport;
- c) Do not use offensive language or indiscipline behavior;
- d) To transport the necessary sports equipment in good condition;
- e) Not to leave the group without the express permission of the coach or team manager.

**CHAPTER VI  
PAYMENTS**

**Article 21**

**Athlete membership fee table**

**MINI-BASKETBALL, YOUTH AND SENIOR TEAMS**

Ways of Payment	Renewal (until 06/08/25)	Renewal (Between 07/8 and 05/09)	NOVA INSCRIPTION	MONTHLY FEE SOCIO-ATHLETE (SEP-JUL)			INSURANCE
	TRANSFER   MB WAY   REF. MB			Transfer	Direct debit	MBway	ALL
				Cash		Ref. MB	
<u>UNDER 8</u>	45€	55€	60€	50€	45€	48€	33€
<u>UNDER 10</u>	45€	55€	60€	50€	45€	48€	33 €
<u>UNDER 12</u>	45€	55€	60€	50€	45€	48€	39 €
<u>UNDER 14</u>	45€	55€	65€	50€	45€	52€	44 €
<u>UNDER 16</u>	45€	55€	65€	54€	50€	52€	49 €
<u>UNDER 18 M</u>	50€	60€	65€	54€	50€	52€	49 €
<u>UNDER 23 M</u>	50€	60€	65€	54€	50€	52€	66 €

1. The REGISTRATION Payment for new athletes will allow registration with the Federation and the practitioner will be entitled to training equipment.

2. The payment of the athlete membership fee includes, in addition to weekly training, the following:

- Quarterly physical evaluation
- Prescription of physical preparation training
- Possibility of scheduling physiatry consultations (free consultation in case of injury in training or match);
- Free physiotherapy sessions in case of injury in training or in a PDAC match
- Possibility of carrying out sports medical exams at the Club (€16);

Note: the recovery of athletes and their proper monitoring presupposes that the injury has occurred within the scope of the club's activities.

The PDAC also provides medical follow-up and physiotherapy for situations that do not result from the club's sporting activity, subject to the availability of the clinical department and in accordance with the price list defined for this purpose.

**Article 22  
Discounts**

<b>DISCOUNT FAMILY</b>	10% IN THE MONTHLY MEMBERSHIP FEE
<b>DISCOUNTS FULL PAYMENT</b>	10% SUM OF THE 11 MONTHS OF THE DIRECT DEBIT AMOUNT
<b>DISCOUNTS FOR SPORTING MERIT (2024-25)</b>	5% ON THE MONTHLY MEMBERSHIP FEE FOR REGULAR PARTICIPATING ATHLETES (+ 5) IN ABL TRAINING AND INTERNSHIPS
	10% IN THE MONTHLY MEMBERSHIP FEE FOR ATHLETES WHO PARTICIPATED IN THE ABL COMPETITIONS (BASKETBALL FESTIVITIES IN ALBUFEIRA (S14 and S16), IN THE PAÇOS DE FERREIRA TOURNAMENT (S12), 3X3 TOMAR TOURNAMENT (S18).
	15% IN THE MONTHLY MEMBERSHIP FEE FOR ATHLETES PARTICIPATING IN TRAINING AND OBSERVATION CAMPS OF THE NATIONAL TEAM
	100% IN THE MONTHLY MEMBERSHIP FEE FOR ATHLETES PARTICIPATING IN OFFICIAL INTERNATIONAL COMPETITIONS REPRESENTING THE NATIONAL TEAM OR WHO ARE PART OF THE CAR (HIGH PERFORMANCE CENTER)

**Article 23**  
**Payment methods**

1. **Cash:** Payment in person at the office.
2. **Bank Transfer:** make payment to the Club's IBAN (PT50.0036.0133.99100039113.05), being **ESSENTIAL AND MANDATORY** to send proof, indicating the name of the athlete and Team, to the email address [secretaria@pacodearcosclube.pt](mailto:secretaria@pacodearcosclube.pt)
3. **Direct Debit:** by filling out an authorization form.
4. **MB Way**
5. **ATM Ref.**

**Article 24**  
**Payment Terms**

1. Payment must be made **BY THE 8th of** each month.
2. **Registration:**
  - a) Between the months of January and March, the registration fee is €50.
  - b) Between the months of April and May, the registration fee is €35.
  - c) Between the months of June and July there is no registration fee.
3. **Issuance of invoice-receipt (FR) after good collection:**
  - a) The invoice-receipt will be issued at the time of payment or upon sending proof of transfer, as well as good collection in direct debit.
  - b) The invoice-receipt is sent by email to the address of the person making the payment. In the absence of an email address, it will not be sent, and will be available on the e-Fatura Portal.
  - c) Invoices issued by PDAC are not subject to deduction in the IRS, since the association is a non-profit entity and is covered by article 9 of the CIVA, as described in the invoices Issued.

**Article 25**  
**Payout rules**

1. The payment of the registration fee for new member-athletes can be split into the first 3 months.
2. **The renewal is only valid if all payments from the previous season are settled.**
3. Late payment and/or non-delivery of proof of payment by bank transfer requires the additional payment of an administrative **fee of €5**, which will be charged in the following month. Payment must be regularized by the 16th at the latest. If the situation is not regularized by the 16th, the activity at the club is suspended and requires a new registration.
4. The suspension of payments requires a new registration, except for injury justified with a medical certificate.
5. **Uncollected direct debits**
  - (a) the choice of direct debit payment method must be a considered and responsible, because it implies for the PDAC the payment of additional fees when there is no good collection, either due to insufficient funds or for another reason.
  - b) **In the event of a bad charge, there will be an associated cost of €5 (administrative fee)** on the value of the Member-athlete fee to be debited in the following month.
  - c) After the recurrence of the occurrence (2nd time of bad collection), the direct debit modality can no longer be an option, and the payment method will automatically be bank transfer or cash (according to the table in article 21, chapter VI).

**Article 26**  
**Social Sports Program**

1. PDAC supports young athletes who have financial constraints to maintain their sports practice.
2. Access to this programme shall be handled in full at the secretariat, where all the information necessary for access to it shall be made available. The Program is limited to a total annual amount of €2,000, which means that any support provided by the club to cover the missing amount is always partial. Any change to the member-athlete fee is only defined after analyzing the documentation (IRS declaration of the household) and after the Board gives its positive approval to the proposal presented.
3. No one is prevented from practicing sports for the reasons mentioned above, but to these athletes and/or guardians who benefit from this program we will ask for an extra collaboration within their skills and availability for the club's support programs, namely: support for teams as a Team manager, support for games (refereeing, tables, statistics, bar support), collaboration in *streaming* and/or in activities provided by the club.

**Article 27**  
**Withdrawals**

1. The withdrawal from the participation of athlete-members must be formalized, mandatorily, by email to the office ([secretaria@pacodearcosclube.pt](mailto:secretaria@pacodearcosclube.pt)), and the reason for it is explained until the 15th day of the month prior to the athlete's departure.
  - a) The reasons for withdrawal must be substantiated and, whenever possible, with documents attesting to them.
  - b) The payment for the month of July is made in December, and there is no place for its refund.
  - c) When the payment of the athlete membership fees has been made in full and there is withdrawal, the athlete membership fees for the months not used will be refunded, with the exception of the month of July and the discount granted in the months used will be subtracted from the amount to be returned.

**CHAPTER VII**  
**EQUIPMENT**

**Article 28**  
**Jersey with Sponsorship**

1. As teams that are sponsored by the club's Partners, have the jersey of the kit with the company's logo. The jerseys are purchased by the club and belong to the club. They should be returned at the end of the season in good condition.  
In case of loss or voluntary damage to the official jersey provided by the club, with the sponsorship, the athlete or his guardian must replace it, bearing the respective costs.

**Article 29**  
**Equipment Acquisition**

1. Athletes must acquire the mandatory material to represent the club in games and other activities, which consists of the following articles:

- a) Personalized Reversible Game Equipment (name and number) (55€)
- b) 1 personalized warm-up jersey (name and number) (24€)
- c) 1 t-shirt (10€)
- d) 1 Black Sweatshirt (35€)
- e) 1 reversible training equipment (30€)

2. The PDAC has an **ATHLETE KIT available**, encompassing all the material described above, worth **€120**. In order not to overload parents, it is allowed to pay in installments up to 4 times.

**Article 30**  
**Athlete presentation rules**  
**A - Training**

- 1. It is mandatory to wear the official training jersey in all sessions.
- 2. The remaining elements of the equipment (shorts, socks and shoes) must be clean, in good condition and suitable for sports.
- 3. It is forbidden to wear clothing with the logos of competing clubs or sports entities outside the PAC.
- 4. Failure to comply with these rules may result in a warning and possible exclusion from the training session.

**B- Official Matches**

- 1. Full use of official match equipment, including jersey and shorts with logos and sponsorships, is mandatory.
- 2. The club's official sweatshirt should be used whenever necessary, ensuring the uniformity of the team.
- 3. The use of parts not authorized by the technical team is prohibited.
- 4. Failure to comply with these provisions may result in the athlete not being used in that game, unless expressly authorized by the technical team.

**CHAPTER VIII**  
**MEDICAL EXAMINATION AND SPORTS INSURANCE**

**Article 31**  
**Sports medical examinations**

- 1. The sports medical examination is mandatory for any athlete of any club team.
- 2. The sports medical examination is mandatory for registration with the Portuguese Basketball Federation.
- 3. PDAC has established a partnership with the company *Performed*, which travels regularly (at the beginning of the season) to its facilities to carry out medical examinations on athletes, upon prior registration at the office, via email [secretaria@pacodearcosclube.pt](mailto:secretaria@pacodearcosclube.pt).
- 4. The Sports Medical Examination form must be previously completed and signed by parents. Without this completed form, the examination will not be carried out.
- 5. When athletes are minors, they must be accompanied by a adult, in order to be able to inform the doctor of situations that are necessary.
- 6. If the athlete performs the exam in an external entity, the parents must previously pick up the MODEL for carrying it out at the office, which is only considered valid with the doctor's signature and vignette.

7. All last year athletes of each age group or 1st year athletes flagged by the coach must have filled out the promotion document that must also be signed by the E.E. with the signature and vignette of the respective doctor. This medical act must be on the day the medical examination is carried out. If it is *a posteriori*, a new medical act will have to be associated, which implies an additional cost of €16.

### Article 32 Sports insurance

1. Sports insurance is defined by the FPB when the athletes are registered as federated, and PDAC has no intervention in this process.
2. In the event of an injury resulting from training or matching, it is incumbent upon the Coach or the Sectionist:
  - a) Immediately inform the guardian, regardless of the severity of the injury;
  - b) In the event of a medical emergency, the athlete is referred to the hospital, which will imply the obligation to make a report to the insurance and pay the amount of the deductible (**150€**);
  - c) If the athlete has symptoms in which the parents feel the need for specialized observation, the FPB has a protocol with the Lambert Clinic and this consultation is at an affordable price and without the need to activate the insurance. However, you should always go to the club's doctor by scheduling an observation appointment to monitor the injury.
  - c) If the athlete has symptoms in which parents feel the need to go to an emergency room, they must inform the club and activate the insurance. You should always go to the club's doctor to schedule an observation appointment to monitor the injury.
  - e) In the case of non-urgent occurrences, the athlete must be referred to the doctor or physiotherapist for evaluation of the sports injury within 3 days following the occurrence. According to the evaluation carried out, it may also be considered that the athlete should go to an emergency and, in this case, there will also be the need to activate the insurance.
  - f) In all cases where the insurance is activated, there is a period of 5 days to inform the insurance company, through a specific form associated with the payment of the respective deductible.
3. The first communication of the incident to the insurance company must be made by the club, by email through a specific form filled out at the club office and always in partnership with the Guardian. The process is developed later and directly between the insurer and the parents, with the PDAC remaining to monitor the situation and available for any necessary clarification.
5. It is reinforced that the insurance can only be activated **up to 5 days after the injury**. In the event that the athlete suffers from an injury resulting from training or matching, the Guardian will be responsible for contacting a member of the Board of Directors to reactivate the insurance.
6. Isolated acts of medical consultations or trips to the emergency room without informing the Club will not be reimbursed.
7. The insurance covers only and exclusively situations of personal accidents, not covering situations of civil liability (glasses, devices, among others.). If parents wish to secure this type of materials, they must do so autonomously.

### Article 33 Injuries

1. In the event of an injury that requires a stop of more than 15 days, the fee is reduced by 50%, provided that it is validated by the PDAC clinical department.

**CHAPTER IX**  
**AUTHORIZATIONS UNDERLYING PDAC ENROLLMENT**  
**Article 34**  
**Authorizations**

1. When an athlete registers with the PDAC and fills out the registration form on paper or online, and specifically for basketball, the authorizations of:

- **TRANSPORT**  
Authorizes travel to Training in another School of the Group, as well as any travel inherent to the Competitions of the EQUIPA Group.
- **IMAGE**  
Expressly authorizes PDAC to use or cause to be used, reproduced or caused to be reproduced the name, image, voice and sports performance of its students, within the framework of activities, with a view to direct or indirect dissemination or in a derivative form, in Portugal and worldwide, by all means known or unknown today.
- **PROCESSING OF PERSONAL DATA**  
It expressly authorizes the collection and processing of personal data, such as: name, address, telephone and email contacts, anthropometric data such as height, weight, wingspan, jump, among others of the same nature, statistical data of performance in game and training.
- **DISSEMINATION AND COMMUNICATION**  
Expressly authorizes the use of contact data for internal communication of PDAC and dissemination of Partnerships and other topics of interest.

2. As the matches are public, the PDAC is not responsible for any images that are collected by other clubs or individuals in the context of the match.

**CONTACTS**

**Office**

ADMINISTRATIVE DIRECTOR: Carla Pina Cabral

SECRETARY: Daniela Fernandes

EMAIL: [secretaria@pacodearcosclube.pt](mailto:secretaria@pacodearcosclube.pt)

SCHEDULE: Monday to Friday - 5:30 pm to 8 pm (Jesus Correia pavilion)

**OTHER CONTACTS:**

FINANCIAL EMAIL: [financeiro@pacodearcosclube.pt](mailto:financeiro@pacodearcosclube.pt)

EMAIL DIRECTOR: [direcao@pacodearcosclube.pt](mailto:direcao@pacodearcosclube.pt)

EMAIL COORDINATION: [coordenacao@pacodearcosclube.pt](mailto:coordenacao@pacodearcosclube.pt)

COMMUNICATION EMAIL: [comunicacao@pacodearcosclube.pt](mailto:comunicacao@pacodearcosclube.pt)

**WELCOME TO PAÇO DE ARCOS CLUBE**